

WOODMAR SQUARE

RESIDENT'S NEWSLETTER

Community that cares

Facebook Group: Woodmar Square Community • Nextdoor.com: Woodmar Square/Columbine Knolls N
Website: www.WoodmarSquare.org • WOODMAR SQUARE EMAIL: woodmarsquarehoa@gmail.com

Kiwanis Club of Columbine

Starting off as a busy month, as always. If you have been wanting to find an opportunity to help others, then check out Columbine Kiwanis. We always have worthwhile and fun projects, that anyone can join. In March we will be working with the Sheridan Blood Bank, Project Cure, Sweet Dreams in a Bag, Meals on Wheels, working in school libraries and tutoring in local schools plus more. We are stretched and can use help. The projects are also a great chance to meet like-minded people.

Details about our upcoming projects and social events are in our weekly newsletter, contact news@columbinekiwanis.org to get added to our newsletter email distribution. To learn more, visit our website at columbinekiwanis.org, or join us for a free breakfast at our weekly meeting any Wednesday at 7 a.m. at 4Gs restaurant, 5950 S Platte Canyon Rd, Littleton. We also have a bimonthly meeting usually at Columbine library on the second and fourth Tuesday of every month at 12:30 p.m. For more information email kensweet@gmail.com.

The Kiwanis Club of Columbine is a group of volunteers (69 members) dedicated to improving the lives of children and families in our community. We are serving our community with volunteer hours on some fifty active projects and making philanthropic gifts to over twenty different organizations throughout the year. All are welcome to help with any of our projects or attend any of our social events. You do not need to join the club to participate. We have fun, meet new people, and do a lot of good things for our community.

Teen Services

Does your teen want to help out neighbors this summer and earn some extra cash? Send their contact info, age and job inquiry to our newsletter email and we will publish it. Babysitting, lawn care, pet care, etc.

March 2025

Vol. 34 No. 03 • Circulation: 600

Grocery Shopping Habits You Need To Change To Save Money

Looking to cut down on grocery costs? Avoid making these mistakes at the supermarket.

You're shopping while hungry. You've probably heard you should never go grocery shopping on an empty stomach. There's a good reason for that: Hunger and cravings can drive your decisions, overshadowing clear-minded logic and leading to an increase in impulse buys.

SOLUTION: Fuel up first! Schedule your shopping trips after meal-times or eat a quick, healthy snack beforehand.

You're going in without a list. Strolling up and down each aisle looking for dinner inspiration may be a relaxing practice, in theory, but it's an activity that can cost you.

That's because grocery stores are designed with the goal of persuading you to add more goods to your cart. As you walk past brightly colored cereal boxes and big red discount signs, immersed in the scents of freshly baked pastries and a catchy pop playlist, you may be convinced to treat yourself and end up spending way more than you originally planned.

SOLUTION: Come in with a game plan. Before you leave the house, think about what you want to eat for the week, then write out a shopping list organized by category (e.g. produce, dairy, meat and seafood, pantry). Now you're ready to navigate through the store like a pro, avoiding as many distractions as possible.

You didn't shop your kitchen first. Starting with a meal plan is great, but it loses most of its value if you jot something down without taking inventory of what ingredients are in your house first. Without checking to see if you already have a container of breadcrumbs in the pantry or bag of peas in the freezer, you're most likely going to double up on purchases, needlessly spending.

SOLUTION: Before heading out, cross any ingredients you have at home (and therefore don't need to buy) off your list. Even better: Shop your kitchen before making a list, so you can flag which foods you already have at home that need to be used up ASAP and brainstorm delicious ways to feature them in meals throughout the week. For example, if you see an extra carton of Greek yogurt in the fridge, consider slating protein-packed pancakes and air fryer fish taco bowls into this week's rotation.

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Grocery Shopping, *continued from front page*

You're not looking at unit prices. Once you get to the store — with shopping list in hand — you're ready to start evaluating the costs of everything. If you're making your decisions based exclusively on the purchase prices, you may not actually be getting the best deal. A quick side-by-side comparison in the grain aisle may tell you one brand of rice is clearly cheaper, but pick up the bag and you may find it weighs so much less than its more expensive counterpart.

SOLUTION: Base your decisions off the unit price rather than the purchase price. That means dividing the total cost by a standard unit of measurement (think: ounces, grams) to better calculate how much a good costs. This standardization makes it easier to properly compare prices. To continue with the rice example, if brand A costs \$4 for 8 ounces and brand B costs \$6 for 16 ounces, it becomes clear that brand B is actually the better financial selection, costing nearly 13 cents less per ounce.

You're not scoping out the deals. Waiting until you get to the store to see the sales puts you in a position where you'll have to pivot and improvise what you'll be cooking for the week. Plus, you may miss out on an opportunity to score big savings at one grocery store, since instead you go to another.

SOLUTION: Do a little digging for deals and discounts before you make your shopping list. Check the circulars in your mailbox or online to see the weekly specials available at the super-markets near you. Subscribe to email newsletters, download grocery store apps and sign up for free memberships, which often unlock exclusive savings. For instance, Amazon Prime members have access to special deals at Whole Foods. Other grocery stores offer special customer appreciation discounts on purchases made at certain times. And, many stores have senior discount days that offer a certain percentage off as well.

—<https://www.bhg.com/>

Celebrate Saint Patrick's Day

Downtown Denver, Saturday, March 15, 2025

Perhaps the biggest St. Patty's Day event in Colorado, the Denver St. Patrick's Day parade is a long-time tradition in the Mile High City that both locals and tourists enjoy every year. In its 61st year, the parade will be bigger and better than ever before with hundreds of colorful floats, dancers, performers, and music, all honoring our police, fire, and first responders. The parade begins at 9:30 am at Wynkoop and 19th.

—<https://www.uncovercolorado.com>

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Woodmar HOA Board Members

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 Secretary — OPEN. Provides welcome to new residents
 Newsletter Editor — OPEN. Gathers articles and local information for monthly publication
 Activities — Amy Ascencio
 Website — Lauren Blake
 Newsletter Coordinators — Dick & Mary Palmer and Kyle Barrackman

Our Voluntary HOA is looking for residents to support our community by volunteering to manage an event, or hold a board position. for more information email WoodmarSquareHOA@gmail.com.

NEWSLETTER CARRIERS

Craig Matthies; Susan Paglarini; Marge Maness; Olivia Gonzales; Jane Morris; Paige Hopkins; Judy Dulac and Fred Lowe; Rich Rombach; Jen Magri; Sue Kreutzer; John Eiler; Kevin Stuer; Noemi Mejia; Linda Sanders; Kyle Barrackman

News Articles

The deadline for news articles is the 12th of the month before the next month's issue. Please email news articles to the editor at woodmarsquarehoa@gmail.com. No endorsement of any product or service is implied or stated by its inclusion in the newsletter.

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

Advertise in this Newsletter!

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.

Newsletter Connections: 303-979-7499 or info@newsletterconnections.com

To find ad rates and discounts, go to NewsletterConnections.com or scan QR code.



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 for Teen Services**

CLASSIFIEDS: The perfect way to find local professionals to work on your house! You can also find activities, sale items and more!

Find more professionals to suit your needs on our Service Provider Directory at NewsletterConnections.com.

Handyman services. JP construction. Lived and worked in the Columbine area neighborhoods since 1976. Tim Peterson 720-404-4522.

TH Consulting. Providing handy man services, landscaping & concrete work. Please call Trent 720-226-5586.

Grass or Corn fed beef for sale - farm fresh, straight from our Colorado ranch to your table. All natural and perfect for high protein diets. Sold by quarter, half or whole. Call 719-349-0679. KSayles@plainstel.com

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Lisa's Music Studio. Piano, Guitar, Banjo, Ukulele, Viola, Violin, Cello, & Drums. 303-883-1157. Virtual Lessons Offered.

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Tree by Mr. B. Your pruning&tree need specialists. Doug 303-932-2514, free est, 30+yrs. fully ins.

Interior Painting. Detail oriented. Affordable. Free Estimates. Jeff 720-877-4154

OB PAINTING. \$350 off exterior/ \$150 off interior. Free Estimates. Rob: 303-908-9063.

Tutoring - provides homework help, strengthens skills, and/or enrichment. Call/text Nancy, licensed teacher K-6, 303-932-9745 for availability.

Stecki painting. Inter/ext. Jeff 720-331-7025

Furnace inspection w/ CO detection - \$49.99. Emporia Home Services, your local HVAC specialist. 303-909-2018. (parts/addit. labor not incl.)

Aminals Petsitting Service - Pet sitting (in your home). Bonded & ins. Refs. avail. Call Nancy & Rick (Owner/Operator) at 303-335-6237.

Mike the Plumber - Your reliable neighborhood plumber for 14 yrs. Competitive rates. Free estimate. 720-422-8139

Classified ads are \$4.00/line (about 40 characters/line). Contact Newsletter Connections at **303-979-7499** or info@NewsletterConnections.com to place an ad. To view our display ad prices, visit our website at NewsletterConnections.com. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th. Residents placing ads to sell household items are not charged a fee.

Good Samaritan Day

National Good Samaritan Day on March 13th recognizes the unselfish actions of those who provide help when needed. The day is also known as Good Samaritan Involvement Day and celebrates kindness in all its forms.

*March, when days are getting long,
Let thy growing hours be strong
to set right some wintry wrong.*

—Caroline May



SPRING IS IN THE AIR!

STIR UP SOME EXTRA BUSINESS BY ADVERTISING IN THIS NEWSLETTER

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www.NewsletterConnections.com



April ad deadline is March 14th

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Woodmar Square Statistics for January 2025

Current Homes FOR SALE in Woodmar Square

	Lowest	Highest	How Many?
Ranch Style	None	None	0
2-story	\$715,000	\$750,000	2
Tri/Multi-level	\$630,000	\$639,999	2
Bi-level	None	None	0

Current Homes UNDER CONTRACT in Woodmar Square

	Lowest	Highest	How Many?
Ranch Style	None	None	0
2-story	\$800,000	\$800,000	1
Tri/Multi-level	\$700,000	\$734,900	2
Bi-level	None	None	0

Homes SOLD in Woodmar Square (June 1, 2024–Jan. 15, 2025)

	Lowest	Highest	How Many?
Ranch Style	None	None	0
2-story	\$550,000	\$899,000	5
Tri/Multi-level	\$500,000	\$720,000	10
Bi-level	None	None	0

The statistical information is based on MLS data Jan. 15, 2025. Not all of the properties were listed and/or sold by Duffy & Associates, LLC.



**Realtor with
real estate law
background**



What Clients are Saying About Duane...

The experience of working with Duane was phenomenal! He will tell you the truth, not just what you want to hear. He is methodical and calming—excellent personality traits that carry you through a trying time. The fact that Duane is an expert in the Columbine area is an added bonus. I would wholeheartedly recommend Duane to sell your home. Don't hesitate—he will take excellent care of you! J. S.

We would not hire any realtor, other than Duane, to find us the right home and to sell our existing property. During the process Duane became our lifelong realtor and, even more importantly, a true friend. C. & M. E.

Duane was the perfect realtor to sell the home our parents owned. He has extensive real estate knowledge and knows the neighborhood very well. Duane was attentive and his guidance was invaluable. He is easy and pleasant to work with and we are grateful for his guidance, friendship, and very hard work on our behalf. We recommend him highly to anyone seeking the finest real estate agent. K. & R. C.

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